

On any order, substitute FRENCH FRIES for GRILLED VEGETABLES \$1.49 or ONION RINGS \$1.00

FROM THE FRYERS

Cooked in Transfat free Canola Oil.

- Ponchatoulas Sampler** \$13.99
 Combination of one seafood: shrimp, catfish, oysters or crawfish tails and one entree: seafood gumbo, filé gumbo, etouffee, or red beans and rice.
- Crawfish Platter** \$12.99
 Platter of fried crawfish tails, with hushpuppies & your choice of french fries or onion rings.
- Shrimp Platter** \$13.99
 Bakers Dozen of butterflied shrimp lightly breaded and fried with hushpuppies & your choice of french fries or onion rings.
- Oyster Platter** \$14.99
 Platter of oysters lightly breaded and fried with hushpuppies & your choice of french fries or onion rings.
- Catfish Platter** \$11.99
 Fried catfish and hushpuppies with your choice of french fries or onion rings.
 Substitute 1/2 seafood add \$1.00
- Stuffed Catfish** \$14.99
 Fried catfish stuffed with our homemade crawfish stuffing covered with our special sauce served with a side of hushpuppies and your choice of french fries or onion rings.
 Cover with crawfish etouffee add \$2.00
- Seafood Platter** \$16.99
 Fried crawfish tails, butterflied shrimp, catfish, oysters, hushpuppies and your choice of french fries or onion rings.
- Chicken Strip Platter** \$8.99
 Hand-battered chicken strips with your choice of french fries or onion rings.
- Crab Cake and Gumbo** \$11.99
 Choice of cup filé gumbo or seafood gumbo and crab cake with remoulade.
 Add 1 crab cake add \$5.99
- House Specialties**

ENTREES

- Crawfish Shirley** \$12.99
 Crawfish tail meat sauteed in butter and green onions in a white wine yellow cheese sauce tossed in fettuccini pasta.
- Crawfish Etouffee** \$10.99
 Crawfish tails smothered in onions and peppers in a creamy butter sauce served over steamed rice.
 Add Fried Shrimp or Fried Fish \$2.99
- Shrimp Creole** \$10.99
 Browned tomatoes, onions and butterflied shrimp served over steamed rice.
- Red beans and Rice** \$8.99
 New Orleans style red beans, smoked sausage and grilled andouille sausage served over steamed rice.
- Hamburger Steak** \$9.49
 3/4 pound chopped steak grilled and served with brown gravy, sautéed onions, mushrooms, and a side of french fries, onion rings or rice. add cheese \$1.09
- Santa Fe Chicken** \$10.99
 Butterflied chicken breast smothered with sautéed onions, mushrooms, and a blend of jack and cheddar cheeses, and bacon bits, with a side of cheese fries.

All entrees served with your choice of pasta or garden salad.

LUNCH SPECIALS

Monday - Friday: 11AM - 3PM
All specials are \$7.50
 Served with garden or pasta salad.
Crawfish Etouffee • Red Beans and Rice
Shrimp Plate* • Shrimp Creole
Catfish Plate* • Oyster Plate*
Crawfish Plate* • Hamburger Steak Plate*
 *served with fries

POBOYS & SANDWICHES

- Shrimp Poboy** \$8.99
 Hand-battered shrimp with mayo, lettuce, and tomato on toasted french bread.
- Peacemaker Poboy** \$9.99
 1/2 hand-battered shrimp and 1/2 hand-battered oysters with mayo, lettuce, and tomato on toasted french bread.
- Crawfish Poboy** \$8.99
 Fresh crawfish tails hand-battered with mayo, lettuce, and tomato on toasted french bread.
- Catfish Poboy** \$8.99
 Hand-battered catfish filet with mayo, lettuce, and tomato.
- Oyster Poboy** \$9.99
 Hand-battered oysters with mayo, lettuce, and tomato.
- All of the above are served without mustard (Combination of any two add \$1, add cheese \$.59)**
- Roast Beef Poboy** \$7.99
 Seasoned roast beef sliced thin with your choice of cheese on toasted french bread. (Ask for it sloppy.)
 Make It A Melt \$8.99
- Turkey Poboy** \$7.99
 Smoked turkey sliced thin with your choice of cheese on toasted french bread.
 Your choice of Jalapeno Cheddar or Sourdough bread \$8.99
 Make It A Melt \$7.99
- Ham Poboy** \$7.99
 Smoked ham sliced thin with your choice of cheese on toasted french bread.
 Your choice of Jalapeno Cheddar or Sourdough bread \$8.99
 Make It A Melt \$7.99
- Club Poboy** \$8.99
 Roast beef, smoked turkey, ham and bacon, sliced thin with your choice of cheese on toasted french bread.
 Your choice of Jalapeno Cheddar or Sourdough bread \$9.99
 Make It A Melt \$9.99

All poboy's and sandwiches served with shredded lettuce, tomatoes, mayonnaise, mustard, pickle spear, fries or regular or Cajun Zapps potato chips. Cheddar, American, Swiss, Pepperjack and Provolone cheese available.

- Grilled Andouille Sausage Poboy** \$7.99
 Delicious grilled sausage on toasted French bread.
 Make It A Melt \$8.99
- Chicken Sandwich** \$8.50
 A butterflied skinless chicken breast grilled or fried with our special seasonings topped with your choice of cheese on a toasted bun.
 Your choice of Jalapeno Cheddar or Sourdough bread
 Add hickory smoked bacon \$.99
- Cheeseburger** \$8.50
 1/3 pound hand pattied burger grilled with your choice of cheese on a toasted bun. Your choice of Jalapeno Cheddar or Sourdough bread
 On poboy bun \$8.49
 Add grilled onions or mushrooms \$.49
 Add hickory smoked bacon \$.99

Muffaletta Half \$8.95 Whole \$11.99
 Genoa Salami, ham, Provolone cheese and our own homemade olive mix.

DESSERTS

- Original White Chocolate Bread Pudding** \$4.29
 Bread pudding covered with a sensational pecan praline bourbon sauce homemade with Jack Daniels Tennessee Whiskey.
- New York Cheesecake** \$4.29
 A slice of New York cheesecake covered with a sensational homemade pecan praline bourbon sauce with Jack Daniels Tennessee Whiskey.
 Both desserts come with choice of chocolate sauce, caramel sauce, or praline bourbon sauce.
Ask for daily specials and our specialty desserts!

BEVERAGES

- Coke • Diet Coke • Dr. Pepper • Sprite • Lemonade
 Mountain Blast Powerade • Sweet Tea • Unsweet Tea
- Coffee \$1.99
- Peach Tea: Sweet or Unsweet \$2.29
- Barqs Root Beer \$2.29
- Dasani bottled water \$2.09
 (no refills on Barqs and Dasani)

APPETIZERS

- ☉ **Seafood Gumbo** cup \$5.99 bowl \$7.50
 Gulf shrimp and Blue crab in a dark roux sauce.
 Add Oysters - \$2.99
- ☉ **Filé Gumbo** cup \$4.99 bowl \$6.50
 Chicken and andouille sausage sauteed with onions and peppers.
- ☉ **Fried Mushrooms** \$4.99
 Fresh button mushrooms hand-battered with a side of homemade ranch.
- ☉ **Sampler Basket** \$7.99
 2 cheese sticks, 2 jalapeno poppers, 2 hot wings, hand-battered onion rings and mushrooms.
- Fried Cheese Sticks** \$5.99
 6 mozzarella cheese sticks with a side of homemade ranch.
- Fried Pickles** \$4.99
 Pickles hand-battered with a side of homemade ranch.
- Jalapeno Poppers** \$5.99
 6 jalapenos stuffed with cream cheese with a side of homemade ranch.
- Cheese Fries** \$4.99
 Golden brown french fries covered with shredded jack and cheddar cheeses, bacon bits, and green onion with a side of homemade ranch.
- Onion Rings** \$4.99
 Basket of hand-battered onion rings with a side of homemade ranch.
- Mini Meat Pie Basket** \$5.99
 5 pastry pillows stuffed with spicy pork and beef on a bed of fries with a side of homemade ranch.
- Buffalo or Boneless Buffalo Wings** \$8.49
 8 naked buffalo wings or whole skinless chicken breast chunks dipped in Ponchatoulas wing sauce. Choose from Buffalo, Teriyaki, Jerk or Barbecue
- Hot Wings** \$8.99
 8 country crisp battered spicy hot wings. Choice of sauces: Ranch, Honey Mustard, or Bleu Cheese

SALADS

- Garden Salad** \$6.29
 Iceberg lettuce with cherry tomatoes, shredded jack and cheddar cheese, black olives, bacon bits, and seasoned croutons.
- ☉ **Chef Salad** \$7.99
 Garden salad with ham, turkey and boiled eggs.
- Caesar Salad** \$6.99
 Romaine lettuce, parmesan cheese, black olives, and seasoned croutons with our creamy Caesar dressing.
- ☉ **Pasta Salad** \$5.99
 Rainbow rotini pasta in our creamy basil sauce topped with black olives and sprinkled with parmesan cheese.
- Italian Chef Salad** \$8.49
 Iceberg lettuce, cherry tomatoes, shredded mozzarella and provolone cheese, Genoa salami, muffaletta mix and seasoned croutons.
- Add to any Salad:**
Chicken, Shrimp, or Crawfish

Chicken: fried or grilled	\$2.99
Shrimp: fried, grilled, or boiled	\$2.99
Crawfish: fried	\$2.99
Fish of the Day	\$5.99
Crab Cake	\$5.99
Extra Dressings	\$.50
- Dressings:**
 Homemade Ranch • Italian • Remoulade House (Garlic Onion Vinaigrette) • Thousand Island Bleu Cheese • Honey Mustard • French Fat Free Ranch • Fat Free Italian
 Also available: Tartar Sauce & Cocktail Sauce

HEALTHY REQUESTS

- Fish of the Day with Veggies** \$11.99
- Grilled Chicken Breast with Veggies** \$9.99
- Shrimp Creole** \$10.99
- Grilled Catfish with veggies** \$10.99
- Grilled Shrimp with veggies** \$12.99
- Grilled Veggies** \$4.99
- ☉ **House Specialties**

CATERING AVAILABLE
 visit www.ponchatoulas.com

318-254-5200
109 E. PARK AVE
RUSTON, LA 71270

- 20% service charge added to all checks with party of 6 or more.
- No split checks on parties of 8 or more.

*There may be a risk associated with consuming raw shellfish as is the case with other raw protein products. If you suffer from chronic illness of the liver, stomach or blood or have other immune disorders, you should eat these products fully cooked.



PONCHATOULAS

TO GO MENU

HOURS
MONDAY - THURSDAY
 11AM - 9PM

FRIDAY - SATURDAY
 11AM - 9PM

SUNDAYS
 11AM - 3PM

BAR HOURS
MONDAY - SATURDAY
 'TIL MIDNIGHT