



PONCHATOULAS

CATERING AVAILABLE

318-254-5200 • visit www.ponchatoulas.com

HOURS

MONDAY - THURSDAY 11AM - 9PM
FRIDAY - SATURDAY 11AM - 9:30PM
SUNDAYS 11AM-3PM

BAR HOURS

MONDAY - SATURDAY 'TIL MIDNIGHT

- 20% service charge added to all checks with party of 6 or more.
- No split checks on parties of 8 or more.

On any order, substitute FRENCH FRIES for GRILLED VEGETABLES \$1.49 or ONION RINGS \$1.00



APPETIZERS

Seafood Gumbo 🌀 cup \$5.99 bowl \$7.50
Gulf shrimp and Blue crab in a dark roux sauce.
Add Oysters (3)- \$2.99

Filé Gumbo 🌀 cup \$4.99 bowl \$6.50
Chicken and andouille sausage sauteed with onions and peppers. Cooked in dark roux.

Fried Mushrooms 🌀 \$4.99
Fresh button mushrooms hand-battered with a side of homemade ranch.

Sampler Basket 🌀 \$7.99
2 cheese sticks, 2 jalapeno poppers, 2 hot wings, hand-battered onion rings and mushrooms.

Fried Cheese Sticks \$5.99
6 mozzarella cheese sticks with a side of homemade ranch.

Fried Pickles \$4.99
Pickles hand-battered with a side of homemade ranch.

Jalapeno Poppers \$5.99
6 jalapenos stuffed with cream cheese with a side of homemade ranch.

Cheese Fries \$4.99
Golden brown french fries covered with shredded jack and cheddar cheeses, bacon bits, and green onion with a side of homemade ranch.

Onion Rings \$4.99
Basket of hand-battered onion rings with a side of homemade ranch.

Mini Meat Pie Basket \$5.99
5 pastry pillows stuffed with spicy pork and beef on a bed of fries with a side of homemade ranch.

Buffalo or Boneless Buffalo Wings \$8.49
8 naked buffalo wings or whole skinless chicken breast chunks dipped in Ponchatoulas wing sauce. Choose from Buffalo, Teriyaki, Jerk or Barbecue

Hot Wings \$8.99
8 country crisp battered spicy hot wings. Choice of sauces: Ranch, Honey Mustard, or Bleu Cheese

🌀 House Specialties

SALADS

Garden Salad \$6.29
Iceberg lettuce with cherry tomatoes, shredded jack and cheddar cheese, black olives, bacon bits, and seasoned croutons.

Chef Salad 🌀 \$7.99
Garden salad with ham, turkey and boiled eggs.

Caesar Salad \$6.99
Romaine lettuce, parmesan cheese, black olives, and seasoned croutons with our creamy Caesar dressing.

Pasta Salad 🌀 \$5.99
Rainbow rotini pasta seasoned in our creamy basil sauce topped with black olives, tomatoes and sprinkled with parmesan cheese.

Italian Chef Salad \$8.49
Iceberg lettuce, cherry tomatoes, shredded mozzarella and provolone cheese, Genoa salami, ham, muffaletta mix and seasoned croutons.

Add to any Salad:

Chicken, Shrimp, or Crawfish

Chicken: fried or grilled \$2.99
Shrimp: fried, grilled, or boiled \$2.99
Crawfish: fried \$2.99
Fish of the Day \$5.99
Crab Cake \$5.99
Extra Dressings \$.50

Dressings:

Homemade Ranch • Italian • Remoulade
House (Garlic Onion Vinaigrette) • Thousand Island
Bleu Cheese • Honey Mustard • French
Fat Free Ranch • Fat Free Italian
Also available: Tartar Sauce & Cocktail Sauce

HEALTHY REQUESTS

Fish of the Day with Veggies \$11.99

Grilled Chicken Breast with Veggies \$9.99

Shrimp Creole \$10.99

Grilled Catfish with veggies \$10.99

Grilled Shrimp with veggies \$12.99

Grilled Veggies \$4.99

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FROM THE FRYERS

Cooked in Transfat free Canola Oil.

Ponchatoulas Sampler ☉ **\$13.99**

Combination of one fried seafood: shrimp, catfish, oysters or crawfish tails and one entree: seafood gumbo, filé gumbo, etouffee, or red beans and rice.

Crawfish Platter ☉ **\$12.99**

Platter of fried crawfish tails, with hushpuppies & your choice of french fries or onion rings.

Shrimp Platter **\$13.99**

Bakers Dozen of butterflied shrimp lightly breaded and fried with hushpuppies & your choice of french fries or onion rings.

Oyster Platter **\$14.99**

Platter of oysters lightly breaded and fried with hushpuppies & your choice of french fries or onion rings.

Catfish Platter **\$11.99**

Fried catfish and hushpuppies with your choice of french fries or onion rings. Substitute 1/2 seafood add \$1.00

Stuffed Catfish ☉ **\$14.99**

Fried catfish stuffed with our homemade crawfish stuffing, covered with our special sauce, served with a side of hushpuppies and your choice of french fries or onion rings. Cover with crawfish etouffee add \$2.00

Seafood Platter **\$16.99**

Fried crawfish tails, butterflied shrimp, catfish, oysters, hushpuppies and your choice of french fries or onion rings.

Chicken Strip Platter **\$8.99**

Hand-battered chicken strips with your choice of french fries or onion rings.

Crab Cake and Gumbo **\$11.99**

Choice of cup filé gumbo or seafood gumbo and crab cake with remoulade. Add 1 crab cake add \$5.99

ENTREES

Crawfish Shirley **\$12.99**

Crawfish tail meat sauteed in butter and green onions in a white wine yellow cheese sauce tossed in fettuccini pasta.

Crawfish Etouffee ☉ **\$10.99**

Crawfish tails smothered in onions and peppers in a creamy butter sauce served over steamed rice.

Add Fried Shrimp or Fried Fish **\$2.99**

Shrimp Creole **\$10.99**

Browned tomatoes, onions and butterflied shrimp served over steamed rice.

Red beans and Rice ☉ **\$8.99**

New Orleans style red beans, smoked sausage and grilled andouille sausage served over steamed rice.

Hamburger Steak ☉ **\$9.49**

3/4 pound chopped steak grilled and served with brown gravy, sautéed onions, mushrooms, and a side of french fries, onion rings or rice. Add cheese \$1.09

Santa Fe Chicken **\$10.99**

Butterflied chicken breast smothered with sautéed onions, mushrooms, and a blend of jack and cheddar cheeses, and bacon bits, with a side of cheese fries.

All entrees served with your choice of pasta or garden salad.

LUNCH SPECIALS

Monday - Friday: 11 AM - 3 PM

All specials are \$7.50

Served with garden or pasta salad.

Crawfish Etouffee • Red Beans and Rice

Shrimp Plate* • Shrimp Creole

Catfish Plate* • Oyster Plate*

Crawfish Plate* • Hamburger Steak Plate*


*served with fries

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*There may be a risk associated with consuming raw shellfish as is the case with other raw protein products. If you suffer from chronic illness of the liver, stomach or blood or have other immune disorders, you should eat these products fully cooked.

POBOYS & SANDWICHES

Shrimp Poboy  **\$8.99**
Hand-battered shrimp with mayo, lettuce, and tomato on toasted french bread.

Peacemaker Poboy **\$9.99**
1/2 hand-battered shrimp and 1/2 hand-battered oysters with mayo, lettuce, and tomato on toasted french bread.

Crawfish Poboy **\$8.99**
Fresh crawfish tails hand-battered with mayo, lettuce, and tomato on toasted french bread.

Catfish Poboy **\$8.99**
Hand-battered catfish filet with mayo, lettuce, and tomato.


Oyster Poboy **\$9.99**
Hand-battered oysters with mayo, lettuce, and tomato.

All of the above are served without mustard (Combination of any two add \$1, add cheese \$.59)

Roast Beef Poboy **\$7.99**
Seasoned roast beef sliced thin with your choice of cheese toasted french bread. Your choice of Jalapeno Cheddar or Sourdough bread. (Ask for it sloppy.)
Make It A Melt **\$8.99**


Turkey Poboy **\$7.99**
Smoked turkey sliced thin with your choice of cheese on toasted french bread. Your choice of Jalapeno Cheddar or Sourdough bread
Make It A Melt **\$8.99**

Ham Poboy **\$7.99**
Smoked ham sliced thin with your choice of cheese on toasted french bread. Your choice of Jalapeno Cheddar or Sourdough bread
Make It A Melt **\$8.99**

Club Poboy  **\$8.99**
Roast beef, smoked turkey, ham and bacon, sliced thin with your choice of cheese on toasted french bread. Your choice of Jalapeno Cheddar or Sourdough bread
Make It A Melt **\$9.99**

All poboy's and sandwiches served with shredded lettuce, tomatoes, mayonnaise, mustard, fries or regular or Cajun Zapps potato chips. Cheddar, American, Swiss, Pepperjack and Provolone cheese available.

Grilled Andouille Sausage Poboy **\$7.99**
Delicious grilled sausage on toasted French bread.
Make It A Melt **\$8.99**

Chicken Sandwich  **\$8.50**
A butterflied skinless chicken breast grilled or fried with our special seasonings topped with your choice of cheese on a toasted bun. Your choice of Jalapeno Cheddar or Sourdough bread
Add hickory smoked bacon **\$.99**

Cheeseburger **\$8.50**
1/3 pound hand pattied burger grilled with your choice of cheese on a toasted bun. Your choice of Jalapeno Cheddar or Sourdough bread
On poboy bun **\$8.49**
Add grilled onions or mushrooms **\$.49**
Add hickory smoked bacon **\$.99**

Muffaletta **half - \$8.95 whole - \$11.99**
Genoa Salami, ham, Provolone cheese and our own homemade olive mix

DESSERTS

Original White Chocolate Bread Pudding **\$4.29**
Bread pudding covered with a sensational pecan praline bourbon sauce homemade with Jack Daniels Tennessee Whiskey.

New York Cheesecake **\$4.29**
A slice of New York cheesecake covered with a sensational homemade pecan praline bourbon sauce with Jack Daniels Tennessee Whiskey.
Both desserts come with choice of chocolate sauce, caramel sauce, or praline bourbon sauce.

Ask for daily specials and our specialty desserts!

BEVERAGES

Coke • Diet Coke • Dr. Pepper • Sprite • Lemonade
Mountain Blast Powerade • Sweet Tea • Unsweet Tea
Coffee **\$1.99**
Peach Tea: Sweet or Unsweet **\$2.29**
Barqs Root Beer **\$2.29**
Dasani bottled water **\$2.09**
(no refills on Barqs and Dasani)

 **House Specialties**